

# Individualized Physical Activity or Patients With Non Functioning Pituitary Adenoma

NCT06163261

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vastra Gotaland Region
Enrollment	120 participants

## Key Eligibility Criteria

---

### Inclusion (3)

- Patients with clinically significant non-functioning pituitary adenoma treated with surgery during the last ten years
- Stable hormone replacement therapy e 6 months
- Ability to communicate in Swedish.

### Exclusion (14)

- Patients with any other pituitary tumors than non-functioning pituitary adenoma
- Patients who possibly need tumor intervention, either with surgery or radiotherapy, within one year
- Other diseases or co-morbidities that may have significant impact on the outcome variables, including:
- Ongoing substance abuse and/or untreated psychiatric disorder, including psychoses and bipolar disease (except treatment with SSRI (Selective Serotonin Reuptake Inhibitor) and or SNRI (Serotonin-Norepinephrine Reuptake Inhibitor) for mild/moderate depression and/or anxiety which is allowed).
- Medical therapy with opioids, sedatives or hypnotics (besides treatment with zopiclone and zolpidem which are allowed).
- ... and 9 more (see full listing online)

## Locations (1 total)

---

Sahlgrenska Univesity Hospital, Gothenburg, Västra Götaland County, Sweden