

Protecting the Eyes of Gamers With Lubricating Eyedrops

NCT06163989

Status	RECRUITING
Phase	Not Applicable
Sponsor	Aston University
Enrollment	28 participants

Key Eligibility Criteria

Inclusion (7)

- Individuals with dryness symptoms as assessed with the Ocular Surface Disease Index (OSDI score e 13).
- Individuals who play handheld console and computer-based games e 2 hours everyday on average
- Individuals who are comfortable and competent at using smartphone applications
- Age e 18 years, male or female
- Able to provide written consent in English
- ... and 2 more (see full listing online)

Exclusion (3)

- Pregnancy
- Use of any topical ocular medical eyedrops or lubricants in the 1 week prior to starting the study or during the study period. Those who are using existing lubricating eyedrops and are interested in participating will be required to stop their lubricating eyedrops for 1 week prior to commencing the study
- History of ocular surgery, trauma or infections in the past 6 months

Locations (1 total)

School of Optometry, Aston University, Birmingham, West Midlands, United Kingdom