

# Visceral Adiposity, Vagal Tone and Food Preferences: a Pilot Study

NCT06175988

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**Status** RECRUITING  
**Sponsor** Laval University  
**Enrollment** 70 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Have a BMI between 18.5 and 35 kg/m<sup>2</sup>;
- French-speaking;
- Be able to travel to the Research Center of the Institut Universitaire de Cardiologie et Pneumologie de Québec for an investigative visit.

### Exclusion (10)

- Smokers ;
- Women who know they are pregnant, breastfeeding or menopausal;
- Who have been diagnosed with type I or type II diabetes;
- Having undergone bariatric surgery or obesity medication (GLP1 analogue, naltrexon-bupropion combination, etc.);
- Presenting an allergy or intolerance to one of the products used in the sensory tests (taste test: sucrose, sodium chloride, citric acid, quinine hydrochloride dihydrate; olfactory test: citrus, lemongrass, cinnamon, mint, peppermint, banana, anise, turpentine, garlic, coffee, apple, clove, pineapple, rose, geranium, eucalyptus, wormwood, fennel, caraway, leather, n-butanol, linalool, pyridine, diethyl phthalate, propylene glycol);
- ... and 5 more (see full listing online)

## Locations (1 total)

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IUCPQ, Québec, Quebec, Canada