

# Deep Functional Phenotyping of the ALA Lung Health Cohort

NCT06177717

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Status	RECRUITING
Sponsor	Johns Hopkins University
Enrollment	1,000 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Age 25-35 years at the time of the baseline examination
  - Able to read and understand English or Spanish
  - Has a social security number
  - Resident (citizen or non-citizen) of the United States (US) for at least 12 months prior to examination.
  - Note: Individuals who are residents of the US who have temporarily spent time living outside of the US during the last 12 months (e.g., student exchange program, military posting) are eligible for participation.
- ... and 1 more (see full listing online)

### Exclusion (15)

- Severe asthma, which is defined as any of the following:
  - Current (i.e. at the time of the visit) Global Initiative for Asthma (GINA) Step 4 or higher therapy (medium dose inhaled corticosteroid/long-acting beta agonist (ICS/LABA) or high dose inhaled corticosteroid \[ICS\] or add-on long-acting muscarinic antagonist (LAMA); Medium dose =  $\geq 250$  fluticasone, propionate = 100 fluticasone furoate,  $\geq 200$  beclomethasone,  $\geq 400$  budesonide,  $\geq 220$  mometasone). The investigators will accept low-dose ICS/LABA or medium dose ICS.
  - OR
  - or more unscheduled healthcare visits (provider/urgent care/ER) for asthma in the past 12 months OR
  - One asthma hospitalization in the past 12 months
- ... and 10 more (see full listing online)

## Locations (12 total)

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University of Alabama, Birmingham, Alabama, United States  
University of California, Los Angeles, Los Angeles, California, United States  
National Jewish Health, Denver, Colorado, United States  
... and 9 more locations