

Physical Activity and Fibrosing Interstitial Lung Disease

NCT06182748

Status	RECRUITING
Phase	Not Applicable
Sponsor	Assistance Publique - Hôpitaux de Paris
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Patient aged e 18 years
- Fibrosing PID with fibrosis score \gt 10% of lung volume on chest CT scan
- Be able to attend physical reconditioning 3 times a week
- Be affiliated to a health insurance scheme
- Sign informed consent form

Exclusion (12)

- Any contraindication to physical activity (hereafter, after Dany-Michel Marcadeta, Bruno Pavy et al. Recommendations of the French Society of Cardiology for stress tests 2018)
- Be unable to perform exercise on an ergocycle or treadmill
- Be unable to perform a stress test, particularly for people on long-term oxygen therapy rest oxygen therapy at home
- IRS during an exacerbation
- Change in treatment \lt 3 months
- ... and 7 more (see full listing online)

Locations (1 total)

Exercise and Sports Medicine Department, Bobigny, Seine Saint Denis, France