

An Informative Video Before Planned External Cephalic Version

NCT06187948

Status	RECRUITING
Phase	Not Applicable
Sponsor	Meir Medical Center
Enrollment	200 participants

Plain Language Summary

This study tests whether watching an informational video before a procedure called external cephalic version (ECV) — where a doctor manually turns a breech baby (bottom-first) to a head-down position — reduces anxiety and improves a woman's understanding and decision-making about the procedure.

****You may be eligible if...****

- You are a woman between 18 and 45 years old
- You are carrying a single baby (not twins)
- You are between 36 weeks 0 days and 38 weeks 0 days pregnant
- You have been admitted for an external cephalic version procedure because your baby is in a breech position

****You may NOT be eligible if...****

- You have had a previous cesarean section
- You have low amniotic fluid (oligohydramnios)
- You have previously had an ECV attempted
- Your baby is in a position where ECV has already been attempted and failed

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (4)

- Women between ages 18-45
- with a singleton gestation
- at gestational week of 36 weeks 0 days until 38 weeks 0 days
- who admitted labor ward for external cephalic version .

Exclusion (6)

- Women who had a past cesarean section
- Women with oligohydramnios (Amniotic fluid index < 5 cm)
- Women who had a past external cephalic version
- Women with a failed external cephalic version in current pregnancy
- Women who take medication for depression/anxiety disorders
- ... and 1 more (see full listing online)

Locations (1 total)

Meir Medical Center, Kfar Saba, Israel

<https://clinicaltrials.gov/study/NCT06187948>

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