

Function After Anterior Cervical Discectomy and Fusion Surgery: Timing of Physical Therapy

NCT06202443

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vanderbilt University Medical Center
Enrollment	76 participants

Key Eligibility Criteria

Inclusion (3)

- Surgical treatment of a cervical degenerative condition using a 1- or 2-level ACDF procedure;
- English speaking due to feasibility of employing study personnel to deliver and assess the study intervention; and
- Age 18-75 years of age (individuals older than 75 are more likely to experience respiratory and nervous system complications and death following ACDF)

Exclusion (10)

- Surgery secondary to trauma, fracture, tumor, infection, or spinal deformity;
- Undergoing cervical corpectomy;
- Prior history of cervical spine surgery in last 5 years;
- Diagnosis or presence of osteoporosis;
- Diagnosis or presence of severe psychiatric disorder such as schizophrenia or bipolar disorder;
- ... and 5 more (see full listing online)

Locations (4 total)

Tripler Army Medical Center, Honolulu, Hawaii, United States
Vanderbilt University Medical Center, Nashville, Tennessee, United States
Booke Army Medical Center, Fort Sam Houston, Texas, United States
... and 1 more locations