

The Impact of Physical Training Under Normobaric Hypoxia on Oxidative Stress Level, Inflammatory State, Intestinal Damage, and Mitochondrial Metabolism in Young Males

NCT06204731

Status	RECRUITING
Phase	Not Applicable
Sponsor	University School of Physical Education, Krakow, Poland
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (1)

- no known metabolic diseases, no contraindications to physical exercise and no history of high altitude sickness stated in interview. A medical examination (including ECG, blood and urine tests) is required.

Exclusion (1)

- changes in diet during the experiment, smoking and abuse of alcohol and/or other stimulants.

Locations (1 total)

University School of Physical Education in Cracow, Krakow, Poland