

Effect of a DASH-Style Diet on Urinary Risk Factors for Kidney Stone Disease

NCT06210009

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Alabama at Birmingham
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (10)

- Birmingham, AL area participants of the Coronary Artery Risk Development in Young Adults (CARDIA) study OR patients of the University of Alabama at Birmingham/Kirklin Clinic
- Self-reported, documented, and/or prior imaging-based diagnosis of kidney stone disease
- Age 19-89
- Any sex
- Any race
- ... and 5 more (see full listing online)

Exclusion (17)

- Dialysis
- Kidney transplant recipient
- Estimated glomerular filtration rate (eGFR) ≤ 60 ml/min/1.73m² based on historical laboratory measurements
- Renal tubular acidosis
- Current use of acetazolamide, topiramate, or zonisamide
- ... and 12 more (see full listing online)

Locations (1 total)

University of Alabama at Birmingham, Birmingham, Alabama, United States

<https://clinicaltrials.gov/study/NCT06210009>

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