

# Adding Shock Wave Therapy to Kinesio Taping Improves Carpal Tunnel Syndrome in Physical Therapist Females.

NCT06214286

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	100 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Patients aged between 20 and 40 years
- diagnosed as having mild and moderate carpal tunnel syndrome through clinical parameters and nerve conduction studies (NCSs),

### Exclusion (1)

- \- Having any systemic diseases such as renal failure, peptic ulcer, diabetes mellitus, hypothyroidism, coagulopathy, inflammatory rheumatic disease, having a cardiac pacemaker, cervical radiculopathy, polyneuropathy or brachial plexopathy, systemic corticosteroid use, fracture or trauma history in the forearm and wrist pregnancy and lactation, having received a carpal tunnel syndrome surgery, thoracic outlet syndrome or severe carpal tunnel syndrome.

## Locations (1 total)

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Badr University in Cairo (BUC), Cairo, Egypt