

# Effect of Combined Lumbar Traction and Repetitive Back Extension Exercise on H-reflex in Lumbosacral Radiculopathy

NCT06216288

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Patient with chronic unilateral lumbosacral radiculopathy (more than 3 months duration)
- Age:35- 60 years
- Both male and female
- People with L5-S1 postero-lateral disc herniation or protrusion.
- people with positive straight leg raise

### Exclusion (5)

- Subjects with lumbosacral Surgery.
- Subjects with stenosis or scoliosis.
- Subjects with cardiac problem or cancer.
- Subjects with peripheral neuropathy.
- Subjects with upper motor neuron injury.

## Locations (1 total)

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Ahmed ElMelhat [aelmelhat], Cairo, Egypt