

Vestibular Rehabilitation App for Adults With Dizziness Related to mTBI

NCT06222450

Status	RECRUITING
Phase	Not Applicable
Sponsor	Mountain Home Research & Education Corporation
Enrollment	68 participants

Key Eligibility Criteria

Inclusion (3)

- at least 18 years of age,
- diagnosis of mTBI,
- documented dizziness (total DHI score ≥ 16) and/or imbalance (total functional gait assessment score $< 23/30$ or $<$ age-referenced norms)

Exclusion (5)

- severe neurological disease (e.g., Parkinson's disease, neuropathy),
- moderate to severe cognitive impairment ($< 23/30$ on the Montreal Cognitive Assessment),
- significant orthopedic issues that would impact mobility or ability to perform gaze stabilization exercises (e.g., significant cervical dysfunction or pain),
- vision impairment (best-corrected visual acuity worse than 20/40 in the better eye), and
- severe depression/anxiety (≥ 9 on the 4-item Patient health Questionnaire)

Locations (3 total)

James A Haley VA Hospital, Tampa, Florida, United States
Duke University School of Medicine, Durham, North Carolina, United States
James H Quillen VAMC, Mountain Home, Tennessee, United States