

Yoga for Back Pain in Adolescent Scoliosis

NCT06242821

Status	RECRUITING
Phase	Not Applicable
Sponsor	Johns Hopkins University
Enrollment	500 participants

Key Eligibility Criteria

Inclusion (4)

- Non-operatively treated AIS patients at Johns Hopkins Hospital with back pain who are candidates for physical therapy.
- Cobb angle: greater than 25 degrees,
- Visual Analog Scale (VAS) Pain score greater than 41/0
- Braced and Unbraced Patients

Exclusion (4)

- Scoliosis due to causes other than AIS.
- AIS patients who have undergone surgery for scoliosis or back pain
- Age less than 10 years of age or greater than 20 years of age
- Unable to access zoom on any electronic device

Locations (1 total)

Johns Hopkins Hospital, Baltimore, Maryland, United States