

# Using Neurofeedback to Understand the Relationship Between Stress and Alcohol Consumption

NCT06247306

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Central Institute of Mental Health, Mannheim
Enrollment	102 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Age 18-65 years
- Presence of 2 to a maximum of 5 criteria for alcohol use disorder according to DSM-5
- no clinical necessity for detoxification treatment
- participants may have a moderate cannabis use disorder and tobacco use disorder
- Capacity for consent and ability to use self-assessment scales

... and 2 more (see full listing online)

### Exclusion (7)

- Lifetime diagnosis of bipolar or psychotic disorder or a substance use disorder according to Diagnostic and Statistical Manual of Mental Disorders - 5 (DSM-5) that is not alcohol, cannabis, or tobacco use disorder
- Current substance use other than cannabis and tobacco
- Current diagnosis of one of the following conditions according to DSM-5: (hypo)manic episode, major depression, generalized anxiety disorder, post-traumatic stress disorder, borderline personality disorder, or obsessive-compulsive disorder
- History of severe head trauma or other severe central neurological disorders (dementia, Parkinson's disease, multiple sclerosis)
- Pregnancy or lactation

... and 2 more (see full listing online)

## Locations (1 total)

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Central Institute of Mental Health - Department of Clinical Psychology, Mannheim, Baden-Wurttemberg, Germany