

Sleep Enhancement for Older Adults Living With Memory Loss And Their Care Partners

NCT06250725

Status	RECRUITING
Phase	Not Applicable
Sponsor	Emory University
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (10)

- Diagnosis of Alzheimer's Disease and Related Dementias (ADRD), or caregiver-reported probable or possible cognitive impairment or
- Montreal Cognitive Assessment (MOCA) score between 12 and 24;
- Had e1 sleep problem e3x/week on the Neuropsychiatric Inventory (NPI)-Nighttime Behavior Subscale;
- Have an eligible caregiver;
- Be able to participate in the intervention sessions
- ... and 5 more (see full listing online)

Exclusion (5)

- PLwCI: Moderate to severe cognitive impairment
- Individuals who are not yet adults
- Pregnant women
- Prisoners
- Individuals who are not able to clearly understand English.

Locations (1 total)

Emory Healthcare System, Atlanta, Georgia, United States