

Comparing Enhanced Cognitive-behavior Therapy and Family-based Treatment for Adolescents With an Eating Disorder

NCT06256380

Status	RECRUITING
Phase	Not Applicable
Sponsor	Oslo University Hospital
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Diagnostic and Statistical Manual of Mental Disorders (DSM-5) diagnosed eating disorder
- Medically stable for outpatient treatment.
- Living with at least one of their parents
- At least one of their parents could be actively involved in the treatment
- Sufficient knowledge in reading, understanding and speaking Norwegian

Exclusion (7)

- Avoidant restrictive food intake disorders
- A co-morbid medical condition or disorder known to influence eating or weight, or influence the possibilities to take part in treatment
- Psychotic disorders
- Acute suicidality
- Substance abuse and/or substance dependence
- ... and 2 more (see full listing online)

Locations (5 total)

Haukeland University Hospital, Bergen, Norway
Vestre Viken Health Trust, Drammen, Norway
Oslo University Hospital, Oslo, Norway
... and 2 more locations