

# Cardiorespiratory Fitness Training in Patients with Incomplete Spinal Cord Injury

NCT06259227

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Sint Maartenskliniek
Enrollment	32 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Diagnosis of incomplete spinal cord injury based on a stable cause (e.g. traumatic)
- Spinal cord injury classification C or D on the American Spinal Injury Association (ASIA) impairment scale
- During this study in the subacute phase (< 6 months post injury)
- Hospitalized in the Sint Maartenskliniek for a primary, inpatient rehabilitation program
- Older than 18 years of age

... and 3 more (see full listing online)

### Exclusion (4)

- Unable to give informed consent
- Language barrier
- Participating in another interventional study targeting cardiorespiratory fitness
- Have contraindications to perform exercise during the rehabilitation program

## Locations (1 total)

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Sint Maartenskliniek, Ubbergen, Netherlands