

Neuromuscular Electrical Stimulation Superimposed or Not on Voluntary Contraction After Reconstruction of the Anterior Cruciate Ligament: a Randomized Controlled Trial

NCT06259968

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Federal University of Health Science of Porto Alegre |
| Enrollment | 40 participants |

Key Eligibility Criteria

Inclusion (1)

- Individuals of both genders, aged between 18 and 40 years, scheduled for ACL reconstruction surgery during the data collection period.

Exclusion (3)

- Failure to attend the pre-surgery assessment session;
- Delay of more than 7 days after surgery to initiate the rehabilitation program proposed by the study;
- Presence of injuries related to the rupture of the ACL that hinder partial weight-bearing in the first week after surgery, either due to medical recommendation or the patient inability/disposition.

Locations (2 total)

Private Rehabilitation Center, Veranópolis, Rio Grande do Sul, Brazil
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