

Evaluation of Efficacy of Skål Pro Powder on Symptoms of Irritable Bowel Syndrome

NCT06271538

Status	RECRUITING
Phase	Phase 4
Sponsor	EP Plus Group Sdn Bhd
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- IBS diagnosed using the Rome IV criteria
- Age above 18 years old and any gender
- Any subtypes of IBS (diarrhea, constipation or mixed)

Exclusion (10)

- Presence of red flag symptoms (weight loss, anemia, night symptoms, abdominal mass, strong family history of cancer)
- Was prescribed antibiotic (s) within the past one month
- Medical conditions that contraindicate probiotic use including severe sepsis and pregnancy
- Presence of bowel malignancy
- Diagnosis of bowel infection within the past one month
- ... and 5 more (see full listing online)

Locations (1 total)

Hospital Universiti Sains Malaysia, Kubang Kerian, Kelantan, Malaysia