

Effects of Urolithin A Supplementation on Glucose Metabolism in Healthy Adults 55 \geq Years Old: A Randomized Triple-Masked Controlled Clinical Trial

NCT06274749

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | National Institute on Aging (NIA) |
| Enrollment | 180 participants |

Key Eligibility Criteria

Inclusion (9)

- In order to be eligible to participate in this study, an individual must meet all of the following criteria:
- Provision of signed and dated informed consent form.
- Stated willingness to comply with all study procedures and available for the duration of the study.
- Male or female, age \geq 55 years.
- Able to speak and read English. (We do not have ready access to interpreters of different languages at the NIA Clinical Unit).
- ... and 4 more (see full listing online)

Exclusion (27)

- An individual who meets any of the following criteria will be excluded from participation in this study:
- History of diabetes requiring treatment with any glucose lowering drug(s).
- Fasting glucose \geq 126 on screening visit.
- Is on treatment with an investigational drug or other intervention within 8 weeks of enrollment.
- Hospitalization within 12 months for myocardial infarction, coronary revascularization or bypass surgery or stroke.
- ... and 22 more (see full listing online)

Locations (1 total)

National Institute of Aging, Clinical Research Unit, Baltimore, Maryland, United States