

Nutrition Care in Patients Living With Chronic Pain

NCT06277232

Status	RECRUITING
Phase	Not Applicable
Sponsor	Linköping University
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Self reported Body Mass Index (BMI) ≥ 25 ;
- Written consent to participate and attend to the pain rehabilitation program due to disabling chronic pain (on sick leave or experiencing major interference in daily life due to chronic pain)
- Agreement not to participate in other parallel treatments for weight reduction
- Not currently using medications of weight reduction
- Available to get access to internet via own mobile/cellphone.

Exclusion (4)

- Health conditions such as pregnancy, active metabolic disease, rheumatoid arthritis, and serious psychiatric disease (investigator's judgement, eg, psychosis or suicidal ideation);
- Coagulation disorders with predisposition to bleeding, medication with anticoagulants (low-dose aspirin is permitted);
- hypersensitivity to anaesthetic
- Difficulties in understanding the Swedish language.

Locations (1 total)

Pain and Rehabilitation clinic, Linköping, Östergötland County, Sweden