

Comparing Myopia Treatments in Youth: Defocus Spectacles, Glasses, and Ortho-K

NCT06278974

Status RECRUITING
Sponsor He Eye Hospital
Enrollment 90 participants

Key Eligibility Criteria

Inclusion (5)

- Children aged 7-17 years.
- Myopia between -1.00D and -6.00D; astigmatism $\leq \pm 1.5D$; best corrected visual acuity ≥ 1.0 .
- First-time spectacle wearers who use a single correction method and meet the indications for it (any one of orthokeratology lenses, single-vision frame glasses, or myopia control frame glasses)
- Willing to participate in the entire research process and complete all the examinations, questionnaires and cost records as required.
- Be able to maintain contact throughout the research period, such as having a fixed address and contact information.

Exclusion (4)

- History of strabismus, amblyopia, refractive disparity or retinal diseases
- Previous history of eye surgery
- Severe psychological disorders or behavioral problems
- History of allergy to contact lenses or contact lens care solutions

Locations (1 total)

HeEyeHospital, Shenyang, Liaoning, China