

Self-hypnosis Training for Chronic Pain Management

NCT06279650

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ciuss de L'Est de l'Île de Montréal
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (6)

- be 18 years of age or older;
- have received one of the above diagnoses, confirmed by medical record review or physician confirmation;
- report pain that has been present for at least 3 months;
- have a pain intensity over the last 24 hours (24h pain) of at least 4 on a Numerical Rating Scale (NRS) from 0 to 10 at baseline;
- be able to read, speak and understand French;
- ... and 1 more (see full listing online)

Exclusion (2)

- have deafness and/or severe cognitive impairment that may impair communication;
- have current or recent psychiatric instability (e.g., active suicidal ideation, active delusional or psychotic thoughts) that could interfere with participation, as assessed by a clinical psychologist.

Locations (1 total)

5415 Bd de l'Assomption, Montreal, Quebec, Canada