

# Reml for Post-Bariatric Surgery Weight Regain

NCT06292936

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Temple University
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Men and women
- Ages 18-70 years old
- Weight regain of at least 5% from lowest postoperative weight
- Body mass index (BMI) 25 or above
- Underwent gastric bypass or sleeve gastrectomy within 6 to 48 months prior to enrollment
- ... and 2 more (see full listing online)

### Exclusion (10)

- Long-term treatment with oral steroids
- Current use of weight loss medication (OTC or prescription)
- Current pregnancy, plan to become pregnant within 12 months, lactation within the past 6 months
- Psychiatric hospitalization in the past 6 months
- Documented or self-reported psychiatric diagnosis that would interfere with adherence to the study protocol or acute suicidality
- ... and 5 more (see full listing online)

## Locations (2 total)

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Rush University, Chicago, Illinois, United States  
Temple University, Philadelphia, Pennsylvania, United States