

# The Effectiveness of Chinese Medicine Nuan-gong-ye on Primary Dysmenorrhea

NCT06295822

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Status	RECRUITING
Phase	Not Applicable
Sponsor	China Medical University Hospital
Enrollment	82 participants

## Key Eligibility Criteria

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### Inclusion (6)

- year-old women
- Regular menstrual cycle of 21-35 days, with menstruation lasting 3-7 days
- Dysmenorrhea started before the age of 20, and have menstrual pain every month
- No organic lesions on ultrasound within one year (either abdomen or vagina)
- VAS score above 4

... and 1 more (see full listing online)

### Exclusion (8)

- Has used the same formula of Nuan-gong-ye before.
- Allergic to Nuan-gong-ye.
- Has abdominal wounds, infections, or skin diseases.
- Pregnant or planning to become pregnant within the next five months.
- Has taken traditional Chinese medicine or prescribed medication for menstrual pain by a Chinese medicine doctor in the past month.

... and 3 more (see full listing online)

## Locations (1 total)

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China Medical University Hospital, Taichung, Taiwan