

Perineal Massage in Pregnancy to Reduce the Levator Ani Coactivation

NCT06296134

Status	RECRUITING
Phase	Not Applicable
Sponsor	Azienda Sanitaria Universitaria Friuli Centrale
Enrollment	58 participants

Key Eligibility Criteria

Inclusion (4)

- nulliparous
- single pregnancy
- cephalic presentation of the fetus
- Italian language fluency

Exclusion (7)

- multiparous
- age \lt 18 y, age \gt 40 y
- previous urinary or fecal incontinence
- contraindications to vaginal delivery (such as placenta previa, vasa previa, etc)
- twin pregnancy
- ... and 2 more (see full listing online)

Locations (1 total)

Serena Xodo, Udine, Italy