

# De Quervain's Disease in the Acute Phase: a Study Aimed at Evaluating the Effectiveness of Standard Physiotherapy Treatment (HANDGUIDE), Compared to Experimental Treatment After Performing Ultrasound-guided Infiltrative Therapy.

NCT06296472

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|------------|-----------------------------|
| Status     | RECRUITING                  |
| Phase      | Not Applicable              |
| Sponsor    | Istituto Ortopedico Rizzoli |
| Enrollment | 134 participants            |

## Key Eligibility Criteria

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### Inclusion (3)

- Patients of both sexes with a minimum age of 18 years;
- Medical diagnosis of de Quervain syndrome assessed through orthopedic clinical examination e confirmation by ultrasound;
- Signing of the informed consent and participation in the study.

### Exclusion (3)

- Patients who are not self-sufficient or not able to understand and want;
- Presence of other pathologies in the hand affected by de Quervain pathology, such as intersection syndrome, neuropathies, fractures, rhizarthrosis, arthrosis of the radio-carpal or intercarpal joint, intercarpal instability, cervical radiculopathy, rheumatic or metabolic pathologies;
- Pregnant or breastfeeding women.

## Locations (1 total)

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Istituto Ortopedico Rizzoli, Bologna, Italy