

Effects of IASTM Along With Comprehensive Corrective Exercise Program in Upper Cross Syndrome.

NCT06302972

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	44 participants

Key Eligibility Criteria

Inclusion (7)

- Age 18-40 years.
- Diagnosed patients with the upper crossed syndrome who have chronic neck
- pain for more than 3 months.
- Having neck pain scoring more than 3 on the Numeric Pain Scale were included
- in this study.

... and 2 more (see full listing online)

Exclusion (1)

- The subjects with any previous surgery, any type of Infection Hypersensitive skin Diabetes Mellitus type II Having Traumatic Injury Psychological disorder Manual Therapy contraindication like osteoporosis, infection, Disc- Herniation acute Inflammation, burn scars, closed /non-complicated fractures and open wound.

Locations (1 total)

Maroof international Hospital and Railway Hospital, Islamabad, Federal, Pakistan