

Bioavailability of Aronia Melanocarpa

NCT06306911

Status	RECRUITING
Phase	Not Applicable
Sponsor	Maastricht University Medical Center
Enrollment	16 participants

Key Eligibility Criteria

Inclusion (4)

- BMI between 18-35 kg/m²
- Systolic blood pressure < 160 mmHg and diastolic blood pressure < 100 mmHg
- Stable body weight (weight gain or loss < 3 kg in the past three months)
- Willingness to give up being a blood donor from 8 weeks before the start of the study, during the study and for 4 weeks after completion of the study

Exclusion (9)

- Smoking or smoking cessation < 12 months
 - Severe medical conditions, including asthma, kidney failure, auto-inflammatory diseases, rheumatoid arthritis, diabetes mellitus, cardiovascular disease, gastrointestinal disorders such as Crohn's disease, colitis
 - Use of dietary supplements or medication affecting the main outcomes of the study (e.g. affecting gut metabolism, blood pressure medication)
 - Use of an investigational product within another biomedical intervention trial within the previous month
 - Abuse of drugs
- ... and 4 more (see full listing online)

Locations (1 total)

Maastricht University, Maastricht, Netherlands