

Effectiveness of Rehabilitation Protocol in Patients With Shortened Posterior Leg Muscles

NCT06308380

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fundación Universidad Católica de Valencia San Vicente Mártir
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (5)

- Patients with shortened posterior musculature.
- Chronic ankle pain.
- Limitations in activities of daily living.
- Atypical gait.
- Clubfoot.

Exclusion (4)

- Previous MMII surgeries.
- Neuropathic pain.
- Bony cap equinus.
- Analgesic physiotherapy.

Locations (3 total)

Podologia Avançada, Granollers, Barcelona, Spain
Clinica Mayral foot center, Barcelona, Barcelon, Spain
Clinicas UCV, Valencia, València, Spain