

Dialectical Behavior Therapy for Adolescents With Self-harm and Suicidal Behavior- an Open Trial

NCT06315075

Status	RECRUITING
Phase	Not Applicable
Sponsor	Haukeland University Hospital
Enrollment	140 participants

Key Eligibility Criteria

Inclusion (4)

- Age 13-18 years
- Ongoing or a history of self-harm the last six months; current suicidal behavior (suicidal thoughts or at least one suicide attempt within the previous six months); at least three criteria of Diagnostic and Statistical Manual -5 (DSM-5) Borderline personality disorder (BPD), or the self-destruction criterion of DSM-5 BPD in addition to minimum two subthreshold criteria as assessed by the Structured Clinical Interview for DSM-5 Personality Disorders (SCID-5-PD) (First et al., 2016)
- Fluency in Norwegian
- One parent/trusted adult that can participate together with the adolescent.

Exclusion (6)

- Intellectual disability
- Significant learning or language impairments
- Autism spectrum disorder
- Anorexia Nervosa
- Any psychotic disorder
- ... and 1 more (see full listing online)

Locations (1 total)

Dept. of child and adolescent psychiatry, Haukeland University Hospital, Bergen, Bergen, Norway