

Clinical Study on Dry Needling for Primary Dysmenorrhea and Its Preliminary Correlation With Acupoints

NCT06316583

Status	RECRUITING
Phase	Not Applicable
Sponsor	Beijing Hospital
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (5)

- All participants diagnosed explicitly by a gynecologist as having primary dysmenorrhea without pelvic organic lesions.
- Aged between 18 and 30 years.
- A history of cyclical menstrual pain for more than 2 years.
- Pain greater than 30mm on the Visual Analog Scale (VAS, 0-100mm).
- Participants must sign an informed consent form and be willing to undergo acupuncture treatment and cooperate to complete the relevant procedures of this trial.

Exclusion (6)

- Those suffering from secondary dysmenorrhea or any other reproductive and urinary system diseases, such as endometriosis.
- A history of pregnancy, miscarriage, or planning for pregnancy. Individuals with skin infections on the abdomen and lower back.
- Past use of acupuncture therapy or other needling treatments.
- Those with a history of mental illness and severe diseases of the heart, liver, brain, kidneys, hematopoietic system, etc.
- Within the past 6 months, individuals referred to pain clinics, those who have used pain relievers like morphine or pethidine, or those allergic to NSAIDs. Also, those currently taking or receiving anticoagulant medications.

... and 1 more (see full listing online)

Locations (2 total)

Yanxia Sun, Beijing, Beijing Municipality, China
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