

# Pelvic Floor Muscle Training for Women with Myotonic Dystrophy

NCT06316778

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Université de Sherbrooke
<b>Enrollment</b>	12 participants

## Key Eligibility Criteria

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### Inclusion (3)

- confirmed medical diagnosis of myotonic dystrophy type 1 (DM1) with adult phenotype
- symptoms of stress, urge or mixed urinary incontinence
- able to give a free and informed consent

### Exclusion (6)

- being pregnant, have given birth by vaginal delivery in the last year or plan to become pregnant in the next six months
- present post-void residual urine  $\geq$  150 ml
- have medical conditions that may have an impact on the symptoms of urinary incontinence and the response to treatments
- present fecal incontinence ( $\geq$  1/week) or significant prolapse (beyond the hymen)
- have already received physiotherapy treatments in pelvic floor rehabilitation or surgery on the perineum
- ... and 1 more (see full listing online)

## Locations (1 total)

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Clinique des maladies neuromusculaires, Jonquière, Quebec, Canada