

Muscle Energy Technique of Lower Limb Muscles in Forward Head Posture

NCT06325124

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (6)

- Age between 20 and 35 years
- Both Genders
- Craniovertebral angle ≤ 49.9 degrees
- History of neck pain ≥ 3 months
- Patients with hamstring tightness (Inability to achieve greater than 160° of knee extension with hip at 90° of flexion)
- ... and 1 more (see full listing online)

Exclusion (8)

- Patient with recent injuries or surgeries in and around the neck region
- Vertigo
- radiating pain in upper limb
- spinal deformities
- malignancy in and around the neck region
- ... and 3 more (see full listing online)

Locations (1 total)

We Care Physical Therapy Clinic street 13 phase 4A, Ghouri town Islamabad, Islamabad, Punjab Province, Pakistan