

Glycooxidation, Arterial Biomechanics, and Target Organ Damage

NCT06325800

Status RECRUITING
Sponsor Complejo Hospitalario Universitario de Santiago
Enrollment 500 participants

Key Eligibility Criteria

Inclusion (3)

- Patients aged 18 years or older.
- Moderate to high Cardiovascular Risk estimated by SCORE2OP.
- Signed written consent for participation in the study.

Exclusion (4)

- Absence of current smoking habit and in the last 6 months.
- High-risk alcohol consumption (More than 10 and 20 g/day in women and men, respectively).
- Presence of Diabetes mellitus.
- Established cardiovascular disease, including heart failure, ischemic heart disease, valvular heart disease, atrial fibrillation, peripheral artery disease, and cerebrovascular disease.

Locations (1 total)

Complejo Hospitalario Universitario de Santiago de Compostela, Santiago de Compostela, A Coruña, Spain