

Appetite and Dietary Intake Across the Menstrual Cycle

NCT06327087

Status RECRUITING
Sponsor University of British Columbia
Enrollment 23 participants

Key Eligibility Criteria

Inclusion (11)

- Female sex
 - Age: 18 - 35 years
 - Nulliparous
 - Body mass index (BMI): 18.5 - 24.9 kg/m²
 - Premenopausal, with regular menstrual cycle (every 21-38 days, by self-report)
- ... and 6 more (see full listing online)

Exclusion (30)

- Current or previous major comorbidities, by self-report, including:
 - Cardiovascular diseases
 - Diabetes (type 1 or type 2)
 - Cancer
 - Thyroid diseases
- ... and 25 more (see full listing online)

Locations (1 total)

University of British Columbia - Okanagan, Kelowna, British Columbia, Canada