

An Adapted Brazilian Cardioprotective Diet, Phytosterols and Krill Oil in Familial Hypercholesterolemia (DICA-FH)

NCT06331195

Status	RECRUITING
Phase	Not Applicable
Sponsor	Hospital do Coracao
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (5)

- Age e16 years;
- Definitive (certainty) or probable diagnosis of FH by the Dutch MEDPED criteria;
- Using one of the following treatment regimens for e6 weeks according to age:
 - \>= 20 years -\> simvastatin 40 mg; lovastatin 40 mg; pravastatin 80 mg; atorvastatin 20 mg; rosuvastatin 10 mg; pitavastatin 4 mg; fluvastatin 80 mg; atorvastatin 40- 80 mg; rosuvastatin 20 - 40 mg; atorvastatin 40 - 80 mg + ezetimibe 10mg; rosuvastatin 20 - 40 mg + ezetimibe 10mg; or simvastatin 40mg + ezetimibe 10mg.
 - to 19 years -\> simvastatin 10 - 40 mg; lovastatin 10 - 40 mg; pravastatin 10 - 40 mg; atorvastatin 10 - 40 mg; rosuvastatin 5 - 40 mg; cholestyramine 4 to 16 mg; ezetimibe 10mg (in combination with statin).

Exclusion (19)

- Having a "possible" FH result according to the Dutch MEDPED criteria;
- TG e 500mg/dL up to 6 months before screening for the study;
- Diagnosis of hypercholesterolemia due to a secondary cause recorded in the medical record;
- Food allergies (foods, dyes, preservatives);
- Contraindication to the use of phytosterols (for example: diagnosis of sitosterolemia);
- ... and 14 more (see full listing online)

Locations (24 total)

Hcor, São Paulo, São Paulo, Brazil
OCARA, Belém, Brazil
Centro Oncológico de Roraima, Boa Vista, Brazil
... and 21 more locations