

The Effectiveness of Dry Needling Treatment in Patients With Shoulder Myofascial Pain Syndrome

NCT06338488

Status	RECRUITING
Phase	Not Applicable
Sponsor	Kutahya Health Sciences University
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (3)

- Clinically diagnosed with Shoulder Myofascial Pain Syndrome associated with Infraspinatus trigger point.
- Having a shoulder pain Visual Analog Scale (VAS) score of 6 or higher.
- Ability to read and write

Exclusion (7)

- History of shoulder surgery and frozen shoulder syndrome.
- Lesions, atrophy, or scars in the skin around the shoulder.
- Having undergone physiotherapy targeting the shoulder in the last 6 months.
- Undergoing an interventional procedure for shoulder pain in the last 3 months.
- Having used steroids in the last 1 month.

... and 2 more (see full listing online)

Locations (1 total)

Kütahya Health Sciences University, Kütahya, Türkiye, Turkey (Türkiye)