

Detecting Mild Autonomous Cortisol Secretion in Patients With Adrenal Incidentaloma

NCT06344143

Status RECRUITING
Sponsor The Cleveland Clinic
Enrollment 20 participants

Key Eligibility Criteria

Inclusion (3)

- Patients ages 18 years and older.
- Presence of adrenal incidentaloma by cat scan (CT) or magnetic resonance imaging (MRI) examination.
- mg Dexamethasone suppression test cortisol $\leq 5 \mu\text{g/dL}$ with adequate dexamethasone level.

Exclusion (14)

- mg Dexamethasone suppression test cortisol $> 5 \mu\text{g/dL}$ with adequate dexamethasone level. Patients who fail to suppress below this level will be considered to have Cushing's syndrome and will be referred for appropriate treatment.
 - Current or recent (3 months) history of use of glucocorticoid medication (including joint injections of steroids).
 - History of uncontrolled hypertension or history of hypertension with more than 2 medications.
 - History of uncontrolled type 2 Diabetes Mellitus or history of diabetes mellitus with $A1c > 7.5$.
 - Known History of osteoporosis
- ... and 9 more (see full listing online)

Locations (1 total)

The Cleveland Clinic Foundation, Cleveland, Ohio, United States