

# Routine Outcome Monitoring and Feedback Informed Therapy in Italy

NCT06356961

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Bergamo
<b>Enrollment</b>	180 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Therapists with a regular specialisation diploma in psychotherapy recognised by the MIUR (<https://www.miur.it/ElencoSSPWeb/>), in activity; and/or specialising in psychotherapy at least in their third year will be selected.
- There will be no restrictions on the type of psychotherapy used by the professionals who will be recruited (the only criterion for inclusion is that it must be psychotherapy for a mental health issue).
- Patients: Approximately 1500 to 2000 patients will be recruited, 5 new patients per therapist.
- New patients seen for less than 3 sessions.
- Adult patients, 18 years of age or older.

### Exclusion (1)

- Patients: - No restrictions on diagnoses except for the following: Psychosis and neurocognitive disorders, because as pointed out by Barkham and colleagues when using ROM and FIT the clinical population and context must be considered.

## Locations (2 total)

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University of Bergamo (DSUS), Bergamo, Italia, Italy  
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