

Nutritional Status Assessment and Dietary Recommendations Program (VENREDI)

NCT06361550

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Salamanca
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (3)

- Be 60 years old, retired or in early retirement
- Participate in the program "Research in active aging with preventive physiotherapy - PReGe"
- Agree to participate in the study and sign the informed consent.

Exclusion (1)

- Present any pathology that prevents carrying out the workshops appropriately.

Locations (1 total)

Rosario Alonso Domínguez, Salamanca, Salamanca, Spain