

A Personalized Video-based Exercise Program for Fall Prevention in Frail and Pre-frail Older Adult

NCT06363942

Status	RECRUITING
Phase	Not Applicable
Sponsor	McGill University Health Centre/Research Institute of the McGill University Health Centre
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (1)

- Considered Frail or Pre frail according to Fried's criteria

Exclusion (22)

- Smoked within 6 months prior to study enrollment,
 - dementia diagnosos,
 - Abused drugs, medication or alcohol within up to 30 days prior to the start of the study.
 - drug or alcohol-addiction,
 - Heart disease, history of heart attacks or electrocardiogram abnormalities
- ... and 17 more (see full listing online)

Locations (1 total)

Royal Victoria Hospital - Glen site, Montreal, Quebec, Canada