

# Physiotherapy vs Telerehabilitation After Volar Plating of Distal Radius Fracture

NCT06365710

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Töölö Hospital
Enrollment	84 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Distal radius fracture, which applies the surgical requirements
- age between 18 to 65 years
- Non concomitant injuries including ligament injuries and distal ulna fractures, however ulnar styloid avulsion is accepted
- No significant comorbidities
- No previous problems with the examined hand

... and 1 more (see full listing online)

### Exclusion (12)

- High energy or multiple injuries
- Open fractures
- Injury of both upper extremities
- Other operative injury on the same side
- Rheumatoid arthritis of other inflammatory joint disease

... and 7 more (see full listing online)

## Locations (1 total)

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