

Acupuncture First for IC/BPS

NCT06366269

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospitals Cleveland Medical Center
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (3)

- Meets American Urologic Association (AUA) criteria for interstitial cystitis/bladder pain syndrome (IC/BPS): "An unpleasant sensation (pain, pressure, discomfort) perceived to be related to the urinary bladder, associated with lower urinary tract symptoms of more than 6 weeks duration, in the absence of other identifiable cause"
- Negative urine culture
- Has completed cystoscopic evaluation for IC/BPS

Exclusion (10)

- History of recurrent urinary tract infection (2 or more culture-positive in 6 months or 3 or more in 12 months)
- History of overactive bladder
- History of bleeding disorder or are currently on chronic anti-coagulation
- Post-void residual $\gt 100\text{mL}$
- Has previously undergone any of the following treatments for any indication: acupuncture, pelvic floor physical therapy, pre-tibial nerve stimulation (PTNS), sacral neuromodulation, or intradetrusor Botox
- ... and 5 more (see full listing online)

Locations (1 total)

University Hospitals, Cleveland, Ohio, United States