

Prophylactic Effect of Probiotic Streptococcus Salivarius eK12 Against Recurrent Streptococcus Pyogenes Pharyngotonsillitis Infection in Pediatrics

NCT06370208

Status	RECRUITING
Phase	Not Applicable
Sponsor	Liaquat University of Medical & Health Sciences
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Children aged 3-10 years.
- Recent history of documented recurrent episodes of Streptococcus pyogenes pharyngo- tonsillitis infection in the last 6 months, or 4 or more episodes in the last 12 months (S.
- pyogenes infection being defined as: Mclsaac score with clinical score e 2 plus confirmation of S. pyogenes presence with rapid throat swab (RAD) method or Mclsaac score =5.
- Willingness to comply with the study protocol and attend scheduled follow-up visits.
- Written informed consent obtained from the parent or legal guardian.

Exclusion (11)

- Children with known allergies or hypersensitivity to probiotics or any components of the study product.
- Current use of antibiotics or within the past 30 days.
- Used oral colonizing probiotics in the last 6 months.
- Presence of severe underlying medical conditions affecting the immune system or gastrointestinal tract.
- Participation in other clinical trials involving investigational drugs or interventions.

... and 6 more (see full listing online)

Locations (1 total)

Liaquat University of Medical and Health Sciences, Jamshoro, Pakistan