

Rehabilitation in Muscular Dystrophies From the Hospital Facility to the Home: Pilot Project [RIMUDI]

NCT06378203

Status	RECRUITING
Phase	Not Applicable
Sponsor	IRCCS Eugenio Medea
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (4)

- strength values at the level of the main antigravity muscles \geq or equal to 3, according to the Medical Research Council (MRC) scale;
- independent walking in a protected (internal) environment, even with assistance;
- patients must have performed at least 1 clinical-functional evaluation at our facility in the year preceding the start of the trial.
- They must express compliance with joining the project and must not be followed from a physiotherapeutic point of view elsewhere during the 6 months of participation in the project.

Exclusion (2)

- dilated or ischemic heart disease with Left Ventricle Ejection Fraction $< 50\%$;
- chronic respiratory failure with Forced Vital Capacity $< 40\%$ predicted, nocturnal oxygen desaturation - $> 5\%$ of nocturnal time spent with peripheral oxygen saturation levels < 90).

Locations (1 total)

Scientific Institute IRCCS Eugenio Medea, Bosisio Parini, Lecco, Italy