

Photomedicine Project 14: PBMT for Performance Enhancement in SOF

NCT06380179

Status	RECRUITING
Phase	Not Applicable
Sponsor	Musculoskeletal Injury Rehabilitation Research for Operational Readiness (MIRROR)
Enrollment	116 participants

Key Eligibility Criteria

Inclusion (4)

- Active-Duty Special Forces Personnel (18-series)
- Able to read and understand English language for consent purposes
- Able to commit to study intervention and follow-up
- Able to participate in THOR3 coach-lead training, without restriction

Exclusion (11)

- Obese (body fat \gt 25%)
- Cardiovascular disease
- Use of select medications (e.g., statins, diuretics, hypertensive agents)
- Female
- Tattoo in treatment area (body region)
- ... and 6 more (see full listing online)

Locations (1 total)

Joint Base Lewis-McChord, Joint Base Lewis McChord, Washington, United States