

# Melatonin's Effect on Nighttime Blood Pressure and Sleep in OSA Patients (MEBP-OSA)

NCT06380491

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Status	RECRUITING
Phase	Phase 4
Sponsor	Instituto Nacional de Ciencias Medicas y Nutricion Salvador Zubiran
Enrollment	50 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Polisomnographic diagnosis of Obstructive Sleep Apnea
- Non-dipping blood pressure on Ambulatory blood pressure monitoring (ABPM):

### Exclusion (3)

- Use of sleep or psychiatric medication
- Use of Positive Airway Pressure (CPAP or Bipap)
- Neurologic or psychiatric disorder

## Locations (1 total)

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National Institute of Medical Sciences and Nutrition Salvador Zubirán (INCMNSZ), Mexico City, Mexico