

Quality of Life and Psychological Strengths of Older People

NCT06381037

Status	RECRUITING
Phase	Not Applicable
Sponsor	CEU San Pablo University
Enrollment	110 participants

Key Eligibility Criteria

Inclusion (4)

- Be at least 60 years of age.
- Residing in Spain.
- Not having a diagnosed neurological disease or severe psychopathological disorder, or other ailment that is incompatible with the understanding of the questionnaires or the intervention program.
- Acceptance and signature of the informed consent.

Exclusion (2)

- Do not comply with the established age range.
- Present an ailment that makes them unable to respond to the questionnaire.

Locations (1 total)

San Pablo CEU University (Campus Montepríncipe), Alcorcón, Madrid, Spain