

The Project of Gestational Hypertension and Preeclampsia Screening and Prevention Center

NCT06383858

Status	RECRUITING
Sponsor	The Third Affiliated Hospital of Guangzhou Medical University
Enrollment	50,000 participants

Plain Language Summary

This study is setting up a screening and prevention program for high blood pressure disorders during pregnancy, specifically gestational hypertension and preeclampsia — a serious condition that can develop in late pregnancy and affect both mother and baby.

****You may be eligible if...****

- You are pregnant and have been assessed for preeclampsia risk based on your clinical history
- You are having routine blood pressure and protein marker testing during your first, second, or third trimester
- You are willing to join and sign an informed consent form

****You may NOT be eligible if...****

- Your baby has a severe abnormality or there is no heartbeat detected
- You were already taking aspirin regularly before joining
- Your doctor feels there are other reasons you should not participate
- You will be difficult to follow up for delivery information

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (3)

- \) Pregnant women who have been screened for pre-eclampsia risk according to the clinical risk factors listed in NICE guidelines (2019);
- \) Based on the authoritative guideline of Figo and the consensus of experts in China, pregnant women who routinely use maternal factor +MAP PLGF±UtA-PI in the first trimester or PLGF or sFlt-1/PLGF in the second and third trimesters to assess the risk of preeclampsia.
- \) Meet any of the above conditions, join the group voluntarily, and sign the informed consent form.

Exclusion (4)

- \) Severe fetal malformation or abnormality (no fetal heartbeat);
- \) Those who regularly use aspirin before joining the group;
- \) There are obvious other abnormal signs, laboratory tests or other clinical diseases, which are judged by the researcher to be not suitable for participating in researchers;
- \) Unable to obtain follow-up and delivery information.

Locations (1 total)

FANG HE, Guangzhou, Guangdong, China

<https://clinicaltrials.gov/study/NCT06383858>

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